

APPENDIX I

WHAT IS CLAIMED IS:

1. A method of applying energy to a hollow anatomical structure from within the hollow portion of the structure, the method comprising the steps of:

introducing a catheter having a working end with an energy application device at the working end into the hollow anatomical structure;

5 positioning the working end of the catheter proximate a treatment site within the hollow anatomical structure;

injecting a tumescent fluid solution into selected tissue that is in contact with the treatment site to cause the tissue to become tumescent and compress the hollow anatomical structure at the treatment site to a compressed size; and

10 applying energy to the compressed hollow anatomical structure at the treatment site via the energy application device until the hollow anatomical structure durably assumes a smaller size.

2. The method of claim 1 wherein the step of injecting a tumescent fluid solution comprises the step of injecting enough tumescent fluid solution into the tissue such that the tumescent tissue compresses the treatment site sufficiently to exsanguinate blood from the hollow portion of the hollow anatomical structure at the treatment site.

3. The method of claim 1 wherein the step of applying energy comprises the step of applying energy to effectively occlude the treatment site.

4. The method of claim 3 further comprising the step of moving the energy application device along the treatment site while performing the step of applying energy so as to result in a lengthy occlusion of the treatment site.

5. The method of claim 1 wherein the step of moving the energy application device comprises moving the energy application device along the treatment site while performing the step of applying energy such that the hollow

anatomical structure collapses around the energy application device as it is being moved.

6. The method of claim 1 wherein the hollow anatomical structure comprises a vein and the treatment site comprises a length of the vein.

7. The method of claim 1 wherein the step of injecting a tumescent fluid solution into selected tissue comprises the step of injecting a tumescent fluid having an anesthetic into the selected tissue.

8. The method of claim 7 wherein the step of injecting a tumescent fluid solution into selected tissue comprises the step of injecting a tumescent fluid having an anesthetic and a vasoconstrictive drug into the selected tissue.

9. The method of claim 1 further comprising the step of delivering fluid from within the hollow structure to the treatment site.

10. The method of claim 9 wherein the step of delivering fluid comprises delivering fluid to exsanguinate the treatment site.

11. The method of claim 9 wherein the step of delivering fluid consists of delivering fluid from the following group:

saline;
vasoconstrictive agent;
sclerosing agent;
high impedance fluid; and
heparin.

12. The method of claim 1 further comprising the steps of:
sensing the temperatures at two separate locations on the energy application device;

averaging the two sensed temperatures at the two separate locations; and
determining a temperature at the energy application device based on the
averaged temperatures.

13. The method of claim 1 wherein the step of applying energy to the
compressed hollow anatomical structure at the treatment site comprises applying
electrical energy to the inner wall of the treatment site with an electrode, the
electrode being in apposition with the inner wall.

14. The method of claim 1 wherein the step of applying energy to the
compressed hollow anatomical structure at the treatment site comprises applying
electrical energy to the inner wall of the treatment site with an electrode, the
electrode being in apposition with the inner wall, the method further comprising
the steps of:

applying electrical energy with the electrode to effectively occlude the
treatment site at the electrode; and

moving the electrode along the treatment site while maintaining the
electrode in apposition with the vein wall while performing the step of applying
energy to effectively occlude the treatment site so as to result in a lengthy
effective occlusion of the treatment site.

15. The method of claim 14 wherein the step of applying energy
comprises applying sufficient energy to collapse the hollow anatomical structure
around the energy application device as it is being moved along the treatment site
to result in a lengthy effective occlusion of the treatment site.

16. The method of claim 1 further comprising the step of determining
when apposition of the energy application device with the inner wall of the hollow
anatomical structure has occurred by monitoring the impedance experienced by
the energy application device.

17. The method of claim 14 wherein the step of applying electrical energy to effectively occlude the treatment site at the electrode comprises applying said energy with a plurality of electrodes, and further comprises the steps of:

sensing the temperatures at two separate electrodes; and
averaging the two sensed temperatures; and
determining a temperature at the electrodes based on the averaged temperatures.

18. A method of applying energy to an inner wall of a vein from within the vein to occlude the vein along a treatment portion, the method comprising the steps of:

introducing a catheter having a working end with an energy application device at the working end into the treatment portion;

injecting a tumescent fluid solution into selected tissue outside the vein but in contact with the vein at the treatment site to cause the tissue to become tumescent and compress the vein at the treatment site to a compressed size;

applying energy to the compressed vein at the treatment site via the energy application device until the vein is occluded; and

withdrawing the catheter from the occluded while leaving the occluded vein in place

19. The method of claim 18 wherein the step of injecting a tumescent fluid solution comprises the step of injecting enough tumescent fluid solution into the tissue such that the tumescent tissue compresses the treatment site sufficiently to exsanguinate blood from the hollow portion of the hollow anatomical structure at the treatment site.

20. The method of claim 18 further comprising the step of moving the energy application device along the treatment site while performing the step of applying energy so as to result in a lengthy occlusion of the treatment site.

21. The method of claim 18 wherein the step of moving the energy application device comprises moving the energy application device along the treatment site while performing the step of applying energy such that the vein collapses around the energy application device as it is being moved.

22. The method of claim 18 wherein the step of injecting a tumescent fluid solution into selected tissue comprises the step of injecting a tumescent fluid having an anesthetic into the selected tissue.

23. The method of claim 22 wherein the step of injecting a tumescent fluid solution into selected tissue comprises the step of injecting a tumescent fluid having an anesthetic and a vasoconstrictive drug into the selected tissue.

24. The method of claim 18 further comprising the step of delivering fluid to the treatment site.

25. The method of claim 24 wherein the step of delivering fluid comprises delivering fluid to exsanguinate the treatment site.

26. The method of claim 24 wherein the step of delivering fluid consists of delivering fluid from the following group:

saline;
vasoconstrictive agent;
sclerosing agent;
high impedance fluid; and
heparin.

27. The method of claim 18 further comprising the steps of:
sensing the temperatures at two separate locations on the energy application device; and
averaging the two sensed temperatures at the two separate locations;

determining a temperature at the energy application device based on the averaged temperatures.

28. The method of claim 18 wherein the step of applying energy to the compressed vein at the treatment site comprises applying electrical energy to the inner wall of the vein with an electrode, the electrode being in apposition with the inner wall.

29. The method of claim 18 wherein the step of applying energy to the compressed vein at the treatment site comprises applying electrical energy to the inner wall of the treatment site with an electrode, the electrode being in apposition with the inner wall, the method further comprising the steps of:

applying electrical energy with the electrode to effectively occlude the treatment site at the electrode; and

moving the electrode along the treatment site while maintaining the electrode in apposition with the vein wall while performing the step of applying energy to effectively occlude the treatment site so as to result in a lengthy effective occlusion of the treatment site.

30. The method of claim 29 wherein the step of applying energy comprises applying sufficient energy to collapse the vein around the electrode as it is being moved along the treatment site to result in a lengthy effective occlusion of the treatment site.

31. A method of applying energy to a hollow anatomical structure from within the hollow portion of the structure, the hollow anatomical structure having an inner wall, the method comprising the steps of:

introducing a catheter having a working end with an energy application device at the working end into the hollow anatomical structure;

positioning the working end of the catheter proximate a treatment site within the hollow anatomical structure;

determining when apposition of the energy application device with the inner wall of the hollow anatomical structure has occurred by monitoring the impedance experienced by the energy application device; and

applying energy to the compressed hollow anatomical structure at the treatment site via the energy application device until the hollow anatomical structure durably assumes a smaller size.

32. The method of claim 31 wherein the step of applying energy comprises the step of applying energy to effectively occlude the treatment site.

33. The method of claim 31 further comprising the step of moving the energy application device along the treatment site while performing the step of applying energy so as to result in a lengthy occlusion of the treatment site.

34. The method of claim 31 further comprising the step of injecting a tumescent fluid solution into selected tissue that is in contact with the treatment site to cause the tissue to become tumescent and compress the hollow anatomical structure at the treatment site to a compressed size.

35. The method of claim 31 wherein the step of injecting a tumescent fluid solution into selected tissue comprises the step of injecting a tumescent fluid having an anesthetic into the selected tissue.

36. The method of claim 35 wherein the step of injecting a tumescent fluid solution into selected tissue comprises the step of injecting a tumescent fluid having an anesthetic and a vasoconstrictive drug into the selected tissue.

37. The method of claim 31 further comprising the step of delivering fluid from within the hollow structure to the treatment site.

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38. The method of claim 31 further comprising the steps of:
sensing the temperatures at two separate locations on the energy
application device;
averaging the two sensed temperatures at the two separate locations; and
determining a temperature at the energy application device based on the
averaged temperatures.

39. The method of claim 31 further comprising the steps of:
expanding a plurality of leads outwardly from the working end of the
catheter, wherein the distal ends of the leads move away from each other and into
non-penetrating contact with the inner wall of the anatomical structure; and
applying energy to the inner wall of the anatomical structure by the distal
ends of the leads until the anatomical structure collapses.

40. A kit for treating varicose veins, comprising:
a catheter sized for insertion into a vein, the vein having an inner wall, the
catheter having an energy application device that is expandable into apposition
with the inner wall of the vein;
a medical tumescent fluid which when applied to tissue, causes tumescence
of the tissue; and
a fluid delivery vessel capable of delivering a sufficient amount of the
tumescent fluid into the tissue surrounding the vein to cause the tissue to reach a
tumescent state and thereby compress the vein.

41. The kit of claim 40 wherein the fluid delivery vessel is capable of
delivering a sufficient amount of the solution into the tissue surrounding the vein
so as to cause the tissue to reach a tumescent state to exsanguinate the vein of
blood.

42. The kit of claim 40 further comprising a flushing fluid consisting of
the following group:

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